

North Carolina Association for Play Therapy E-Update

www.ncapt.org

September 2015

NCAPT SEPTEMBER NEWSLETTER

## Happy Fall Y'all!

Hello NCAPT members! Well we are getting very close to the conference in Atlanta. The board is very excited and can't wait to see everyone there. It will be a great place to meet other APT members and learn new skills and ideas! Here are a few things I wanted to touch base about this month, please read below ©



See you in Atlanta!



Follow us on social media and tag @ncapt2000

# 1. Social Friday, October 9th in Atlanta

The social will be from 6:30-8 pm on Friday evening. We will have a drawing for a free spring conference registration, as well as a raffle for some fun play therapy prizes. If you plan on attending please click on the link below and fill out a short one-question survey.

https://www.surveymonkey.com/r/PY3SVSF

#### 2. Welcome a New Board Member

Ana Liza Cisneros-Howard, MSW, LCSW, RPT

Ana Liza is in the Charlotte area and we are excited to have her as part of the board. We will officially vote her in at our next board meeting in October.

#### 3. Vote on a new board member

Don't forget to vote on a new board member to fill our last vacant seat. Theresa sent out an email on Monday with the details. Here is the link to vote. Deadline is September 30, 2015

https://docs.google.com/forms/d/1M0qgPmb2stv3vUfq-XY4N9fVmTSxqIci3PuZMX6YvUQ/viewform?c=0&w=1

\*\*Thank you very much to Theresa Kascsak, Past President for organizing the special elections. She is such an asset to the board and myself.

#### 4. Social Media

Kate Sutton has been working very hard keeping up with our social media! If you haven't done so already, make sure you like our Facebook page, Twitter account, and our new Instagram account (@ncapt2000). When you are at the APT conference please tag us in your pictures and posts too.

Get ready for play therapy at the beach!



## 5. Play Therapy Meet Ups in your town!

As a board we have discussed having small meet ups in various regions of NC. Molly Chaffee volunteered to hold one in the Raleigh area. I will also be happy to hold one in the Jacksonville area. This is all still in the planning stages and we will have information at the social in Atlanta. *Please email me if you are interested in organizing a meet up in your area.* Once we have dates and locations I will let everyone know.

### **6. Spring Conference**

Save the Date for Spring Conference 2016!

Who: Dr. Rick Gaskill, EdD

When: March 4 & 5, 2016

Where: Blockade Runner at Wrightsville Beach, NC

Dr. Gaskill will present on play therapy and the neurobiological impact of social and emotional trauma. Join us at the Beach!!

\*\*Information will be coming soon for registration. We have a block of rooms reserved at a special rate at the Blockade Runner. We would love for you to stay there with us.

2015-2016 Board Members- Feel free to contact any of us with questions or concerns.

Anastasia Arauz, President, Jacksonville Anastasia;37@gmail.com

Kim Williams- Vice President, Raleigh Area kimewilliamslcsw@gmail.com

Theresa Kascsak-Past President, Charlotte area <a href="mailto:drkplay@gmail.com">drkplay@gmail.com</a>

Greta Zuck-Treasurer, Raleigh Area zuckphd@gmail.com

Shawn Morton-Secretary, Wilmington area <a href="mailto:thackermtn@gmail.com">thackermtn@gmail.com</a>

Molly Chaffee-Conference Assistant, Raleigh Area mollychaffee@gmail.com

Kate Sutton-Social Media, Raleigh Area Suttonk8@gmail.com

Please let me know if you have anything to share or add to our NCAPT news! I would be happy to add it to the next email.

Thanks,

Anastasia Arauz