# NCAPT

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## Happy Holidays NCAPT!

We hope you are having a wonderful holiday season and enjoying time with family and friends.





### APT offers a leadership each

year that begins in January. We would love to have more of our members participate in the program. There is an application process and applications are due by December 17<sup>th</sup>. Participating and completing the leadership academy is a great way to learn how APT functions as an organization and how to get more involved. If you are interested, we have several members and Board Members that have participated. Their names and emails are listed to the right. Please contact any of them with questions.

# **Leadership** Academy

Adrian Thornburg atburg@gmail.com

Anastasia Arauz anastasiaj37@gmail.com

Heloisa Portela heloisaportela@gmail.com

Karen Wheeler playtherapist@bellsouth.net

Kristin Byrd kcounselingattriad@gmail.com

Phyllis Post ppost@uncc.edu

Sara Thatcher <u>sara.b.thatcher@gmail.com</u>

Theresa Kascsak <u>tkascsakphd@icloud.com</u>

Here is a link to the APT website with additional information http://www.a4pt.org/?page=Leadership

### **Board Members**

Anastasia Arauz, President, Jacksonville

Anastasiaj37@gmail.com

Kim Williams- Vice President, Raleigh Area

kimewilliamslcsw@gmail.co m

Theresa Kascsak-Past President, Charlotte area

drkplay@gmail.com

Greta Zuck-Treasurer, Raleigh Area

zuckphd@gmail.com

Shawn Morton-Secretary, Wilmington area

thackermtn@gmail.com

Molly Chaffee-Raleigh area, Triangle Meet Up organizer

mchaffeelpc@gmail.com

Kate Sutton-Social Media, Raleigh Area

Suttonk8@gmail.com

Ana Liza Cisneros-Howard, Charlotte Area

playtherapywithana@gmail. com

Melissa Dobbins, Raleigh Area

dobbins88@hotmail.com

#### Save the Date for Spring Conference 2016!

Who: Dr. Rick Gaskill, EdD

When: Fri, March 4 & Sat, March 5, 2016

Where: Blockade Runner at Wrightsville Beach, NC

Dr. Gaskill will present on play therapy and the neurobiological impact of social and emotional trauma. Join us at the Beach!!

Dr. Gaskill has worked in community mental health for over 40 years. He is currently the Executive Director of Sumner Mental Health Center in Wellington, KS. Dr. Gaskill also served as Children's Director and Clinical Director before becoming the CEO. He is a Licensed Clinical Psychotherapist, Licensed Clinical Professional Counselor, Registered Play Therapist-Supervisor, and an Infant Mental Health Clinical Mentor. Dr. Gaskill was a founding member and past president of the Kansas Association for Play Therapy and currently serves on the Board of Directors for the national Association for Play Therapy.

Check online at NCAPT.org for all registration information!

## Jocelyn Bradburn Scholarship

The Jocelyn Bradburn Award was created to recognize one of NCAPT's founding members and first President. Jocelyn was a tireless advocate of play therapy and instrumental to the success of our state branch. It is our hope that this scholarship will ensure her play therapy legacy continues in NC by mentoring and growing new generations of play therapists. This scholarship offers a Free Registration to NCAPT's Annual Spring Conference. Eligible recipients are New Professionals who are less than two years since completion of their graduate degree (i.e. on/after Dec 2013) and who practice play therapy. If this sounds like you or someone you supervise, please fill out the nomination/application form on NCAPT.org and send it to anastasiaj37@gmail.com by 1/15/16

**Raleigh**- Our first Raleigh NCAPT Meet Up group in November was a success! What a great way to connect with our NCAPT members and play therapists in between conferences. We discussed topics such as our favorite play therapy toys and activities, ways we've set up our play rooms, and ways of networking and meeting new colleagues and friends in the area. The group also discussed the possibility of forming a peer supervision group. We plan to host these Meet Up events on a quarterly basis throughout the Triangle. We will alternate the location in

order to reach our members who are in different parts of the Triangle area. We welcome you to attend, and to bring a friend or colleague who is interested in learning more about play therapy or NCAPT. The next meeting is **Thursday, February 4<sup>th</sup> at 7pm in the Cary Area**! More information to come. Please contact Molly Chaffee at <u>mchaffeelpc@gmail.com</u> for more information or to RSVP.

**Charlotte-** The meeting was small but informative and successful. We discussed play techniques and how to grow a practice. We would like to host another one, possibly at lunchtime. Please contact Ana Cisneros-Howard at <u>playtherapywithana@gmail.com</u> for more information.

**Jacksonville-** We also had a rather small meeting. We discussed new toys for the playroom and how to connect with other therapists. We will host another meeting in the east, possible closer to Wilmington next time. Please contact Anastasia Judge-Arauz at <u>anastasiaj37@gmail.com</u> for more information.





# Spring Conference 2016





# **Exciting information for YOU!**

### **New RPT & RPT-S**

Julie Callahan (RPT) Jacqueline Aldridge(RPT-S) Congratulations! Have you joined our Facebook group yet? If not, you should! Here are some examples of recent posts!

### **Articles**

-31 days of Play in December

-Children's Grief Awareness Day

-Toys for your playroom



Look for information about the new school counseling RPT credential! Coming in 2016! Next Raleigh Meet up is February 4<sup>th</sup>! Check Facebook and NCAPT.org for details

Next October the APT conference will be in *Louisville, Kentucky at the Galt House Hotel. October 4-9, 2016.* If you plan on attending, let us know!